

## **Using NDIS funding to Create Bigger and Better Lives:**

**How self direction can contribute to positive relationships and the control needed to live a rich and meaningful life**

**It's not about the money, but how you spend it that counts!  
It's also about the kind of relationship you have with the service and/or workers!**

**At this workshop we will explore:**

- ▶ How to maximise choice and control using NDIS funding
- ▶ Using NDIS funding to focus on goals and meaningful outcomes
- ▶ Negotiating the right level of control over lifestyle and support decisions
- ▶ How paid supports can complement a typical life in the community
- ▶ Key considerations when recruiting your own support workers

**Date: 1st September 2017**

**Time: 9:00am - 5:00pm**

**Venue: ACT Youth Coalition Centre, 46, Clianthus Street, O' Connor  
ACT 2602**

### **Who should attend?**

Anyone interested in exploring how self-direction can be supported so that it works well for all parties. This includes people with disabilities, family members, managers and support workers.

## PRESENTERS



**Jane Sherwin** is a QLD based consultant who has been involved in the lives of people with disabilities, families and older people since the late 1970s. Jane has both personal and professional experience with self direction, and is committed to working at a grassroots level towards a system of responsive services, and arrangements whereby vulnerable people experience greater levels of control over their own support arrangements. She is a respected teacher, mentor, writer and evaluator.



**Jan Kruger** is the Director of Imagine More, based in Canberra. Jan co-founded Imagine More in 2013 to strengthen family leadership and advocacy for people with a disability to get the good things of life. Jan will be sharing personal experiences with taking a life vision to an NDIS plan, self managing and recruiting her son's mentors and coach and practical strategies on how to use paid supports in achieving a typical life in the community. Jan uses a strength-based approach to 'visioning' for the good life that families say provides hopes and a clear way forward.